

REGULATIONS

A. GENERAL CONDUCT

A.01 Players and coaches must show respect for the game, their opponents, the officials and the fans. Those displaying unruly conduct or causing off ice altercations before, during or after games in or around the rinks or a violation of these Regulations may be suspended. Profane language by or around the players is strictly prohibited. Any Board of Director present at a HRI event may issue an indefinite suspension and, at first opportunity, shall refer the matter to the Division Director for a review and determination of any further suspension.

A.02 Parents' actions must be tempered towards good conduct and the welfare of the players. All parents/guardians must sign a HRI Parent's Conduct Agreement. The agreement is designed to help parents understand their role with their son/daughter's participation in hockey. HRI will not register players of parents/guardians refusing to sign the agreement. Verbal, physical or mental abuse of players, officials, coaches, parents and HRI volunteers will not be tolerated. Suspensions will be assessed for abusive offenses as specified on the Parent's Agreement. HRI reserves the right to increase the length of suspensions depending upon the severity of the incident(s). Team coaches/managers are responsible to notify the Division Director immediately of any parent offenses. HRI reserves the right to suspend the players of parents refusing to abide by suspensions assessed. Other spectators exhibiting abusive conduct will be required to leave the rink and will be subject to the same suspensions as indicated in the Parent's Agreement.

A.03 It is the expectation of HRI that referees and linesmen will demonstrate positive conduct towards the game of hockey and all participants. Mutual respect between officials and all players, coaches and parents is to be exhibited in all Divisions.

A.04 During team activities, no one associated with a team, including players, coaches, officials, managers, trainers or persons transporting players, shall be under the influence of, or use, alcohol or illegal drugs. HRI supports zero tolerance. Participants violating this rule are subject to indefinite suspensions.

A.05 A coach, assistant coach, manager, trainer, parent or player of a team shall not officiate in a league game that is in the same division that their child or siblings are playing.

A.06 In situations where conflict arises at the team level between a parent/guardian, player and coach, the first form of resolution will be a meeting between the parent/guardian, player and team manager. Should there be no resolution to the issue, the parent/guardian or player can request a meeting with the team manager and HRI representative. If no resolution is reached, the complainant has the right to request a meeting with the Division Director, Director of Coaching development and the coach. The request must be in writing, stating the nature of the complaint and signed by the parent/guardian. At the conclusion of the meeting with the Division Director, the complainant will receive a written decision within 48 hours of the meeting, with the decision of the Division Director being deemed final. Any further action by the complainant which contradicts or in anyway undermines the decision of the Division Director will be deemed to be

in non-compliance of the Rules & Regulations and may cause their membership with HRI to be revoked.

A.07 In situations where there is a written complaint made to a Division Director or the Office of HRI regarding hockey operations, a response will be provided from a representative of HRI. In situations where the complaint involves parent/guardian/coach conduct, the Division Director/Director of Suspension & Officials/Director of Coaching Development may individually or collectively review and/or investigate and provide a response, which may include recommendations for further action, disciplinary or otherwise. Those situations wherein the complaint is related to governance of HRI, including Board of Director conduct, an individual/committee as appointed/established by the Board of Director's will conduct a review and may make recommendations for further investigation. Special situations of an immediate nature involving verbal complaints, which clearly demonstrate that the well being of a player or member is at risk, may be investigated and acted upon provided they are followed up in writing. A hearing may be held at the discretion of the Division Director where the parties are to be given an opportunity to be heard either orally or in writing. Following the hearing/investigation, a decision relating to any suspensions or other disciplinary actions will be made and communicated, in writing, to the parties.

A.08 HRI follows the Hockey Canada protocol for harassment/abuse situations. Upon receipt, written or verbal, of a harassment/abuse allegation, an individual/committee as designated by the President will review the situation and make recommendations for follow-up. The individual/committee reserves the right to forward allegations to the appropriate Police Service or Child Protection Agency. All allegations regarding discrimination and racism must be reported to the appropriate Division Director. Complaints involving discrimination or racism will be coordinated with Sask Sport and will follow their protocol for investigation and discipline. Repeat offenses are subject to indefinite suspension until reviewed.

A.09 The Division Directors are responsible for administering the Rules and Regulations of HRI in their respective Divisions. This includes specific and discretionary suspension in coordination with the Director of Officials/Suspensions.

B. REGISTRATION

B.01 Players must play in the age division as specified by the Board of Directors.

Years of age as of December 31st.

These divisions are:

Initiation 5 & 6 years

Novice 7 & 8

Atom 9 & 10

Pee Wee 11 & 12

Bantam 13 & 14

Midget 15 to 17

Junior C 18 to 20. A maximum of two players can be 21 year olds as per SHA Regulations.

Junior Female 18 to 20. A maximum of two players can be 21 year olds.

B.02 HRI provides the following programs:

Initiation Program: Programs for 5 and 6 year-old players. The primary focus is on fun and skill development with an introduction to traditional hockey games.

Tiered Hockey: A developmental league with tryouts/evaluations (and possible cuts) for players who have a high level of commitment in terms of time and finances.

Rec. Hockey: A league for players (Pee Wee to Midget) who want a recreational level of hockey with no body checking.

Female Hockey: A club team program for females who want to play on all female teams. Teams below PeeWee may play within the Tier 3/Rec leagues and in the PeeWee & older divisions play in all-female leagues with teams drawn from surrounding communities. Some travel is involved. Female Hockey involves no body checking and no cuts.

B.03 In order to ensure HRI has accurate counts of players wishing to play ~~tiered~~ hockey, a non-refundable evaluation fee and deadline for registering for tiered hockey may be established and set by the Board of Directors.

B.01 A player may register and play for only one league but may play for a school team when it does not conflict with HRI play

B.02 A player may register and play for only one team in the HRI league.

B.03 Only those players who are properly registered with HRI and SHA may participate in league competition, tournaments or exhibition games. Coaches who dress or play ineligible players, including players not approved, as affiliated players will be subject to disciplinary action.

B.04 Players residing in Regina shall play in zones designated by the Board of Directors and shall not be allowed to transfer from one zone to another (excluding goaltenders). In order to complete or fill team rosters, the Board of Directors may move players to other zones.

B.05 For minor hockey registration purposes, the address for players shall be the address of the player's parent(s) and/or the address of the person who is in loco parentis of the player as of September 1 of the season in question. Residential qualifications are as per SHA Regulations.

B.06 All out of town players must register with the closest ice center and receive written dispensation from SHA when required. If the closest ice center is Regina, they will play in the zone that is closest to their residence by drawing a straight line from the residence to the closest point of the city boundary, or in a zone specified by the Zoning Committee.

B.07 HRI has the right to require proof of address and age as stated on the registration form. Additional proof of primary residence may be required. Requests for additional information may be made by the Registration Committee on behalf of the Board.

B.08 Midget AAA (Male & Female)

- a) Registrations for tryouts are open to Bantam and Midget aged players that are:
- i) Bonafide Regina City residents by September 1st of the current playing season, using, residential qualifications as per SHA regulations, or;
 - ii) In the male division, associate member players who played in the HRI league the previous season, or;
 - iii) In the male division, if HRI does not have a division represented in a HRI league (eg bantam/midget AA tier 1) the associate player is eligible, if the player plays in the same league as the Regina teams and the player played in the HRI league at least in his previous season when there was a division represented in the HRI league.
 - iv) In the female division 3 roster spots may be filled by import players (i.e. Non-Regina residents). A non-resident female that played on a HRI team the previous three seasons would be considered a non-import.
 - v) In the male division 3 roster spots may be filled by import players (i.e. Non-Regina residents or Non-Associate member players, as per B.08.a.iii) as per an agreement with the Regina Pats.
- b) Releases will not be granted to any Bantam aged players or 1st year midget aged players. Releases will be granted to 2nd and 3rd year Midget aged players after they have tried out for a Regina based Midget AAA team once.

B.09 HRI Release Policy

- a. In HRI Midget and Bantam, rosters will not be finalized until January 9th of the playing year.
- b. Players cannot be released if the coaching staff misjudged the player's ability at the start of the year. If a player comes to all practices and games, and does what is asked of him, this player cannot be released.
- c. Players may be dropped off of rosters for the following reasons:
 - i. missing practices
 - ii. not following instructions when on the ice
 - iii. not coming to games
 - iv. no calls to the coach before missing games or practices
 - v. interference from parents
- d. When contemplating the release of a player, thorough documentation has to be done leading up to the player's release. The player and the parents must be given time to either correct the behavior of the player and/or parents or drop out of the existing program.

- e. Before a player is released the coach must inform the manager, then the HRI Office. All documentation must be presented to the HRI office. At this point the request for release will be presented to the HRI board of Directors
- f. The HRI board of Directors will either give permission to remove the player or outline the conditions that must be met in order for the player to stay in the program.

B.10 All requests or inquiries in carding players, releases or their status must be dealt with by the HRI Office and not by coaches or managers. Releases will only be granted to 2nd and 3rd year Midget aged players.

B.11 Payment of registration fees is done on a team registration basis (one cheque payment by the team to HRI for all players on the team). Dates for team registration to be set by the Board of Directors. The registration fees include ice rental, referees, timekeepers (where applicable), uniforms, goaltender equipment, trophies, administration and SHA/Hockey Canada Insurance. A late registration fee may be established and assessed according to deadlines set by the Board of Directors. A bond will be assessed every team in all divisions of HRI at the time of team registration. The bond will be refunded to each team at the end of the hockey season provided that the equipment/uniforms have been returned in good condition and all outstanding participant (player, coaches, managers, and trainers) fees and/or fines have been paid. HRI reserves the right to withhold all or part of the bond. A \$100.00 late charge will be assessed to teams if the equipment/uniforms is not turned in by the last return date. In the event that the bond does not cover all fees and/or fines payable, HRI reserves the right to have all outstanding fees and/or fines paid prior to registering players, coaches, managers, trainers for the next season. Thus players who have not returned all outstanding equipment and uniforms or have other outstanding fees will not be allowed to participate in HRI until the matter is resolved.

B. 12 No Pay-No Play Policy: Registration as a player in HRI involves more than just playing in league and playoff games. A player is expected to participate in the league games, playoff games, the minimum number of practices and tournaments as per HRI. Regulations and responsible for costs thereof. Team fees: Each team is required to establish a team budget at a parent's meeting early in the season. Team budgets cannot exceed HRI guidelines and are to be approved by the appropriate Division Director. The team budget will specify the dollar figure that each player is to contribute. Player/parents that anticipate having difficulty being able to contribute the funds required for the team fees are to discuss the situation with the team manager, treasurer and/or coach at the earliest possible time. Upon this notification, it is recommended that the team provide opportunities for an installment payment plan and/or fund-raising alternatives. If a player/parent is unable to fulfill their team fee obligations via installment payments or fund-raising alternatives, the team has the option of suspending the player until the necessary funds are paid. It is the expectation of HRI that all possibilities be explored prior to the player being suspended.

B.13 Refund Policy: The effective date for all refunds shall be the date that the HRI office is informed in writing that the player has quit. Refunds in the form of cash will not be allowed for

any registration fee or portion thereof, which was paid using bingo credits. Refunds are calculated as follows:

- a. A refund of 75% of the HRI registration fee will be issued if the player quits after placement on a team and before November 15.
- b. A refund of 50% of the HRI registration fee will be issued if the player quits after November 15 and before December 15.
- c. A refund of 25% of the HRI registration fee will be issued if the player quits after December 15 and before January 15.
- d. No refund will be issued if a player quits after January 15.

C. TEAM SELECTION AND TRYOUTS

C.01 Upon registering, a player will elect the tier/level that they will be evaluating for. HRI insists that waived players be properly released. During tryouts, no players are to be waived/released on the ice surface, under any circumstance, in any division. Failure to properly release players will result in suspension or termination of the coach.

Player evaluations by an independent evaluation process will be the method followed for ranking players on teams in all age divisions. Teams will be formed by the team Selection Committee or by a draft to determine the final player placement on teams. All players trying out for tiered hockey must participate in the evaluation process as set out by HRI.

There will be no formal player evaluations for Initiation. All teams will be formed by the Division director. When forming teams every effort will be made to accommodate friends/schoolmates who would like to play on a team together. Coaching selection and assignment will be decided following team formation. All players must play within their respective HRI zone.

C.02 A goaltender evaluation and draft/allocation process will be held in Tiered Divisions for PeeWee, Bantam and Midget. The same process will be followed in the Novice Tiered and Atom Tiered Divisions at the discretion of the Division Director.

C.03 In the Tier 3/Rec Divisions, the team selection process will involve an evaluation of all players within a zone in order to create equality and balance among teams to be formed in that zone. The Midget, Bantam and Female and HRI Rec Divisions follow the same principle except that evaluation and selection is done on a citywide basis. A draft process for team selection has been established by HRI for these divisions.

C.04 HRI endorses the participation in other activities. HRI will work with other organizations such as RMF and RHSAA and use its best efforts to accommodate players to allow them to participate in other activities but not to conflict with their commitment to their chosen hockey program

D. UNIFORMS AND EQUIPMENT

D.01 Teams are required to wear HRI assigned jerseys for league and playoff games. Coaches violating this regulation are subject to suspension.

D.02 Teams may, but are not required to, purchase 3rd jerseys and socks. No coach, assistant coach or other team official shall purchase or order 3rd jerseys, socks or any other team wearing apparel unless and until such purchase has been approved by a majority of the players' parents at a parents' meeting held at the beginning of the season at which either the Division Director or Commissioner is present. These items must appear within the team's approved budget.

D.03 If a team resolves to purchasing 3rd jerseys, the jerseys must comply with the following:

- a) Jerseys must bear at a minimum the HRI logo, STOP sign and sponsor name or logo. No other sponsor name may appear anywhere on the jersey. The player name may appear on the back of the jersey, below the number.
- b) There is no requirement that 3rd jerseys be of similar or reverse colors of the league assigned jerseys.
- c) In the case where the team has no official HRI sponsor, the player's name may still only appear at the back of the jersey, below the number.

D.04 All equipment is subject to the general jurisdiction of the HRI Equipment Manager in accordance with existing regulations governing sponsorship, safety and care of equipment.

D.05 Player's names are not to be put on HRI assigned jerseys (with the exception of Midget AAA).

D.06 Jerseys shall not be altered in any way. Jerseys will be considered purchased by the player if any damage occurs because of alterations.

D.07 Captain/assistant captain crests are to be affixed to a patch that is to be sewed on the HRI assigned jersey and be removed prior to the jerseys being returned at the end of the season. Hockey Canada and other crests are not to be put on league assigned jerseys.

D.08 All players must wear protective gear as stipulated by Hockey Canada/SHA.

D.09 Coaches or managers shall complete prescribed equipment forms and shall be responsible for distributing, collecting and returning to HRI, at the completion of the last game of the year, all equipment listed on the equipment form.

D.10 All equipment transactions must be channeled through the HRI Equipment Manager and must receive his/her approval.

E. TEAM REGULATIONS

E.01 The League shall advertise and receive applications for coaches for all teams in all divisions. The Director of Coaching Development, Technical Director and Division Directors will oversee the selection process. When coaches are not in place at the start of division evaluations, coaches shall be appointed to these positions. All coaching positions, including assistants, require ratification by the Board of Directors at the next Board meeting. All information collected during the evaluation of a coach, including parent evaluations, will be protected by the HRI Privacy policy.

E.02 As per SHA Regulations, team officials (Coaches, Manager, Trainer) are required to have obtained the necessary training to oversee a team. This includes obtaining the proper coaching certification levels, attending the required courses that include, but may not be limited to, Speak-Out and Safety and providing a Criminal Records Check and being registered on the SHA certification form. Teams will be assessed a fine from SHA for each and every instance of missing a SHA requirement for their team officials as at the deadline prescribed by the SHA. Also, as per SHA, failure to obtain the proper coaching certification by the SHA deadline, will result in the coach being removed from the team. Teams are encouraged to have their team officials complete the certification requirements early in the season.

E.03 Practices arranged and/or conducted by HRI appointed coaches, assistant coaches or other personnel prior to evaluations/tryouts are a conflict of interest and are strictly prohibited. Coaches violating this regulation are subject to dismissal and replacement.

E.04 Coaches are to meet with the player's parents at the start of the season. The Division Director or Commissioner must be invited to attend the initial parent meeting where the team approves the manager, treasurer and the team budget. Teams cannot appoint a person as manager or treasurer that is in the same family (husband/wife/partner, etc.) as any of the other team positions of authority (coaches, manager, treasurer).

E.05 A financial statement is to be provided by each team prior to November 1st and a mid season statement filed by February 15th or as requested. The final financial statement and return of unused funds to parents is to be completed by May 1st of the current hockey season with a copy of each statement being filed with the Division Director.

E.06 Maximum team budgets will be posted on the HRI website. Items in the team's budget include, but are not limited to the following: registration fees, tournament fees, practice ice costs; gym rentals; team apparel purchases; team outings or meals; coach accomodation and meals where applicable; and any other costs associated with the operation of the team. Transportation costs such as bus rental are not included but must be agreed to by the parents participating. Note that team apparel purchases are strictly voluntary and a family may wish to not participate. Teams or team officials not conforming to HRI budget guidelines or exceeding team maximums will be subject to disciplinary action (suspension or dismissal).

E.07 Coaches or other team officials shall attend any and all meetings called by the Division Director or other Board members, or face disciplinary action (suspension or dismissal).

E.08 A coach is responsible for the discipline and conduct of his/her players and may impose reasonable sanctions. Any disciplinary measure may be appealed to the Division Director.

E.09 INITIATION

- a) Each team shall have a maximum of 16 skaters, no goalies.
- b) Ice session length will be 60 minutes.
- c) Each team may attend a maximum of 3 (parent-approved) tournaments (one day), not including their division tournament.
- d) The Season model will look like this:
 - First set of four shared ice times would be used solely for individual player development
 - Second set of four shared ice times would see the teams use these times as ½ practice followed by three mini third ice games
 - Third set of four shared ice times will be used for ½ practice followed by a half ice game
 - Fourth set of four shared ice times will be used for ½ ice games with referees/on ice officials introduced
 - Fifth set of shared ice times to be used as ½ practice followed by full ice games
 - The final two shared ice times will be used for full ice games with on ice officials
 - The year end tournament will consist of full ice games with on ice officials
- e) The IP will use a 4.5 oz. (blue) puck only, each team will be provided with (20) pucks to be returned with the jerseys at the end of the season.
- f) Slapshots will not be allowed in the Initiation Division
- g) In full ice games, the timekeeper shall sound the buzzer at a shift change at exactly three minute intervals regardless of where the puck is at the moment. The next face-off shall take place at the nearest dot to where the puck was at, at the time the buzzer sounded. When the buzzer stops play, each team must replace all players with the exception of the goaltender. There will be no substitutions between buzzers, except in the case of an injury or equipment malfunction. The game clock is to be left running at all times

E.10 NOVICE

Tier

- a) Each team shall have a maximum of 13 skaters and one goalie. The exact roster size to be approved by the Division Director.
- b) Each team shall have a minimum of 24 practices per year.
- c) Game length: 60 minutes; 5 minute warm-up, 1st and 2nd period 15 minutes running time, 3rd period 20 minutes (17 minutes running time, 3 minutes stop time).
- d) Each team may attend a maximum of 3 (parent-approved) tournaments, not including their division tournament (2 overnight maximum).

Rec

- e) Each team shall have a maximum of 13 skaters and one goalie. The exact roster size to be approved by the Division Director.
- f) Each team shall have a minimum of 14 practices per year.
- g) Game length: 60 minutes; 5 minute warm-up, 1st and 2nd period 15 minutes running time, 3rd period 20 minutes (17 minutes running time, 3 minutes stop time).
- h) Each team may attend a maximum of 3 (parent-approved) tournaments, not including their division tournament (1 day only, no overnight).

Female

- i) Each team shall have a maximum of 13 skaters and 2 goalies.
- j) Each team shall have a minimum of 28 practices per year.
- k) Game length: 60 minutes; 5 minute warm-up, 1st and 2nd periods 15 minutes running time and 3rd period 20 minutes (17 minutes running time, 3 minutes stop time).
- l) Each team may attend a maximum of 4 (parent-approved) tournaments, not including their division tournament (2 overnight maximum).

E.11 ATOM

Tier 1 + 2

- a) Each team shall have a maximum of 13 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- b) Each team shall have a minimum of 28 practices per year.
- c) Game length: 75 minutes; 5 minute warm-up, 3-15 minute stop-time periods.
- d) Each team may attend a maximum of 4 (parent-approved) tournaments, not including their division tournament (2 overnight maximum).

Rec

- e) Each team shall have a maximum of 15 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- f) Each team shall have a minimum of 16 practices per year.
- g) Game length: 75 minutes; 5 minute warm-up, 1st and 2nd periods 20 minutes running time and 3rd period 20 minutes (17 minutes running time, 3 minutes stop time).
- h) Each team may attend a maximum of 3 (parent-approved) tournaments, not including their division tournament (1 overnight maximum).

Female

- i) Each team shall have a maximum of 15 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- j) Each team shall have a minimum of 28 practices per year.
- k) Game length: 75 minutes; 5 minute warm-up, 1st and 2nd periods 20 minutes running time and 3rd period 20 minutes (17 minutes running time, 3 minutes stop time).
- l) Each team may attend a maximum of 4 (parent-approved) tournaments, not including their division tournament (2 overnight maximum).

E.12 PEE WEE

Tier 1 + 2

- a) Each team shall have a maximum of 15 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- b) Each team shall have a minimum of 30 practices per year.
- c) Game length: 90 minutes; 5 minute warm-up, 1st period 15 minutes, 2nd period 18 minutes, 3rd period 20 minute, all periods stop time

Tier 3

- d) Each team shall have a maximum of 15 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- e) Each team shall have a minimum of 18 practices per year.
- f) Game length: 90 minutes; 5 minute warm-up, 1st period 15 minutes, 2nd period 18 minutes, 3rd period 20 minute, all periods stop time
- g) Each team may attend a maximum of 4 (parent-approved) tournaments, not including their division tournament (1 overnight maximum)

Female

- h) Each team shall have a maximum of 15 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- i) Each team shall have a minimum of 30 practices per year.
- j) Game length: 90 minutes; 5 minute warm-up, 1st period 15 minutes, 2nd period 18 minutes, 3rd period 20 minute, all periods stop time

E.13 BANTAM

Tier 1 + 2

- a) Each team shall have a maximum of 17 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- b) Each team shall have a minimum of 32 practices per year.
- c) Bantam Tier 1 will play league games in the South Sask Minor Hockey League (SSMHL) and shall follow the rules and regulations of the SSMHL.
- d) Bantam Tier 2 game length: 120 minutes; 5 minute warm-up, 3-20 minute stop time periods; ice cleaned every two periods

Tier 3

- e) Each team shall have a maximum of 15 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- f) Each team shall have a minimum of 20 practices per year.
- g) Game length: 120 minutes; 5 minute warm-up, 3-20 minute stop time periods; ice cleaned every two periods
- h) Each team may attend a maximum of 4 (parent-approved) tournaments, not including their division tournament (2 overnight maximum).

Female

- i) Each team shall have a maximum of 15 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- k) Each team shall have a minimum of 30 practices per year.

- l) Game length: 120 minutes; 5 minute warm-up, 3-20 minute stop time periods; ice cleaned every second period

E.14 MIDGET

Tier 1 + 2

- a) Each team shall have a maximum of 17 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- b) Each team shall have a minimum of 32 practices per year.
- c) Midget Tier 1 will play league games in the South Sask Minor Hockey League (SSMHL) and shall follow the rules and regulations of the SSMHL.
- d) Midget Tier 2 game length: 135 minutes; 5 minute warm-up, 3-20 minute stop time periods; ice cleaned every period

Tier 3

- e) Each team shall have a maximum of 17 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- f) Each team shall have a minimum of 15 practices per year.
- g) Game length: 135 minutes; 5 minute warm-up, 3-20 minute stop time periods, with ice cleaned every period
- h) Each team may attend a maximum of 2 (parent-approved) tournaments, not including their division tournament (2 overnight maximum).

Recreation

- i) Each team shall have a maximum of 17 skaters and 2 goalies. The exact roster size to be approved by the division director
- j) Game length: 120 minutes; 5 minute warm-up, 3-20 minute stop time periods; ice cleaned every second period.
- k) Each team may attend a maximum of 1 tournaments, not including their division tournament

Female

- l) Each team shall have a maximum of 17 skaters and 2 goalies. The exact roster size to be approved by the Division Director.
- m) Each team shall have a minimum of 32 practices per year.
- n) Game length: 120 minutes; 5 minute warm-up, 3-20 minute stop time periods; ice cleaned every second period

Note: Midget players registered in HRI are not allowed to drive to games outside Regina without parental supervision.

E.16 JUNIOR C

- a) Junior C is open zone (a player can try-out for any team), with the exception that if a player played Junior C the previous year, the player must first report to that team and obtain a release before going to another team.
- b) Game length: 120 minutes; 5 minute warm-up, 3-20 minute stop time periods, with ice cleaned every second period

c) The Division Director must approve releases

E. 17 The maximum number of players per each team for each division as shown in E.9 to E. 15 may be increased or decreased depending on total city wide registrations numbers. The altering of maximum numbers per team may only be initiated by the Division Director and approved by the HRI Board of Directors.

E.18 Players are encouraged to participate in any additional team practices, tournaments and/or non-League exhibition games, which may be arranged by the team. Coaches shall not impose sanctions or otherwise discipline any player who does not participate in such additional practices or games where due to financial constraints and/or other commitments, which are communicated to the coaching staff, make it difficult or impossible to attend.

E.19 A maximum of five (5) team officials (coach, manager, trainer and assistant coach), as listed on the SHA certification form will be allowed on the team bench during the game.

E.20 Each team in the Atom Division and lower shall provide one timekeeper. If a team does not have a person in the timekeeper's box at the start of the game a bench minor penalty may be assessed.

E.21 Player Ice Time Equality Policy: HRI specifies that the coaches are to rotate players so all receive equitable ice time. Persistent long shifting of one player or line will not be tolerated. Violations of equitable ice time are subject to suspension of the coach (s). Refer to the Player Ice Time Equality Guideline.

In the Novice division (tiered & minor), all five players must change on every line change where there are 10 skaters dressed for any given game (exhibition and tournament games included). In the Atom division, coaches are required to play 9 forwards on teams with 13 or more skaters. No double shifting of any player is allowed in the atom and below age division (tiered & minor). Double shifting is described as being the act of leaving a player on the ice for two consecutive shifts; the exception to this rule would be the replacement of a defenseman during penalty kills. Refer to the Player Ice Time Equality Guideline.

Coaches in the Atom and Novice Division are encouraged to meet before each game for the purpose of matching lines to ensure players of near equal ability are competing against one another. Coaches are also encouraged to match lines at the mid-point and latter part of the season, which would place players with less ability against players of greater ability. This is not a mandatory rule, but a suggestion targeted at challenging every player to develop his or her skills to the greatest extent possible.

E.22 A minimum of six (6) players in uniform (not necessarily including the goaltender) on each team shall be necessary for the start of a game. To accomplish this, the coach may recruit players from their affiliated player list. In the event that there are less than 6 players the game will be recorded as forfeiture by the team with less than the prescribed number of players. If both teams

have fewer than 6 players to start, a game loss shall be assessed to each team. In the event of forfeiture the ice is to be used for a practice.

Note: HRI encourages teams to play with at least 11 players using affiliated players for missing players.

E.23 Teams are encouraged to have team pictures taken during practice time and not to use game time.

E.24 Teams are expected to pay for out of pocket expenses for registered coaches who do not have a son/daughter on the team. These expenses will include, but may not be limited to, out of town travel costs and over-night tournament accommodation (based on shared accommodation) and meals. In the event this regulation is used, these expenses must be factored into the overall team budget and the entire team is responsible for these expenses. Maximum number of non-parent coaches covered will be 3.

E.25 HRI and Associate Member teams are accountable for payment of all clean up and repairs to arena equipment and facility damages that their players/team are responsible for. Damages are to be reported to the HRI office immediately. HRI will levy a minimum \$50.00 fine (depending on severity) against teams identified as responsible for damage and/or clean up by the arena staff.

F. AFFILIATED PLAYERS

F.01 Affiliated player lists are to be forwarded and approved by the Division Director two (2) weeks after the first day of regular season play of the current playing year. Players cannot be used prior to receipt and approval of the affiliated player list by the Division Director and HRI's submission to SHA. Failure to follow this process is in effect using an ineligible player, which is subject to suspension and forfeiture of the game in which used. Associate Member Teams are required to follow HRI Affiliated Player Regulations. The Board of Directors must approve any deviations from the HRI Affiliated Player Regulations.

F.02 Teams must select affiliated players, including goaltenders, from within the League-approved zones.

F.03 Calling up an affiliated player from a lower tier or division is not permitted except to replace a missing player. A missing goaltender can only be replaced by an affiliated goaltender. If a team only has one goaltender registered, it may dress an affiliated goaltender that will only play if the registered goaltender is sick, injured or suspended.

F.04 The process for using an affiliated player will be as follows:

a). The coach using an affiliated player must notify in advance the coach of the team from which a player is being acquired. Coaches not notifying the coach of the team from which a player is being acquired are subject to suspension. It is the responsibility of coaches to allow affiliated players to play or practice at a higher level provided there is not a conflict with scheduled games or practices and it is acceptable to the player and parents. Players should be given the opportunity to play at a higher level at every chance.

- b) The coach affiliating the player must notify and receive approval from his/her parents or guardian.
- c). Any dispute over use of an affiliated player must be referred to the Division Director immediately.

F.05 An affiliated player may play with a team in a higher division or a higher tier in the same division with the approval of both Division Directors; but may not play more than 5 league and playoff games in a higher division or tier in the same division after January 10th. Goaltenders in the Female Division are exempt from the above January 10th Rule. Goaltenders in the Female division will also be affiliated on a team-to-team basis within their division. Any team-to-team affiliations must be approved by the Director of Female. Exhibition, Tournament, HRI Provincial Playoff Rep and SHA Provincial Playoff games are not counted in the 5 game restriction. A player shall not be allowed to play any additional games over the 5 game restriction with the higher tier or division unless his/her original team has completed all play for the season and has ceased to play. Coaches violating this rule are subject to indefinite suspensions.

F.06 Affiliated Player Selection Guidelines

Order Preference	Team	Affiliation
1	Midget AAA (male)	Midget Tier 1, Bantam Tier 1 (max 4)
2	Midget AAA (female)	Midget female, Bantam female (max 4)
3	JRB	JRC, Midget Tier 1 (max 4)
4	JRC	Midget Tier 1
5	Midget Tier 1	Midget Tier 2, Bantam Tier 1 (max 2)
6	Midget Tier 2 (15 year old)	Midget Tier 3, Bantam Tier 1 (max 2)
7	Midget Tier 2 (16/17 year old)	Midget Tier 3
8	Midget Tier 3	Bantam Tier 1, Midget Rec (goalies only)
9	Midget Female	Bantam Female
10	Bantam Tier 1	Bantam Tier 2
11	Bantam Tier 2	Bantam Tier 3, Pee Wee Tier 1 (max 2)
12	Bantam Tier 3	Pee Wee Tier 1
13	Bantam Female	Pee Wee Female
14	Pee Wee Tier 1	Pee Wee Tier 2
15	Pee Wee Tier 2	Pee Wee Tier 3, Atom Tier 1 (max 2)
16	Pee Wee Tier 3	Atom Tier 1
17	Pee Wee Female	Atom Female
18	Atom Tier 1	Atom Tier 2
19	Atom Tier 2	Novice Tier
20	Atom Rec	Novice Rec
21	Novice Tier	Novice Rec
22	Novice Rec	Initiation

1. All affiliated players must reside in the team's zone. Goalies that have been allocated/drafted to a team in a lower division may be affiliated with the higher division team in that zone.
2. In the case where two divisions are affiliating with the same division, the selection sequence indicated will be used.
3. For Minor to Minor affiliations, a team to team basis will be used (PeeWee Flyers to Atom Flyers).
4. Where there are not enough teams or too many teams to affiliate on a team to team basis, a split team format will be used in coordination with the Division Director.
5. In the Female Division the Director shall have the discretion to approve additional affiliations for circumstances where there are no available players resulting from the application of the above affiliation policy.

F.07 Affiliated players used in a game are to be designated on the game sheet with the letters "AP".

G. GAME RULES

G.01 Coaches shall print names and numbers clearly on the score sheet. Jersey numbers are not to be changed during the season. Coaches are responsible for correctly completing the game sheets. Failure to do so could result in the team coach being suspended.

G.02 In any game where all coaches and assistant coaches of a team have been, for whatever reason, ejected from the game or are otherwise unable to act as a coach, the team without coaches will forfeit the game to the opposition. Both teams shall immediately discontinue the game.

G.03 If for any reason(s) a team is without coaches for a game(s), the Division Director can appoint certified coach(es) to act as coach(es) for that team until such time as the approved coach(es) is once again available.

G.04 The home team, according to the schedule, will remain on the ice until the visiting team has vacated the ice and proceeded to its dressing room.

G.05 If a coach has a complaint regarding an Official; he/she is to complete a Referee Concern Form at the Hockey Regina Office.

G.06 Length of games as per E.9 to E.15. At the start of the third period the required time will be placed on the game clock. If during the third period there is less than five (5) minutes remaining in the allotted ice time and there is more than two (2) minutes remaining on the game clock, the timekeeper will notify the referee during the first stoppage in play and the game clock will be adjusted down to two (2) minutes of stop time. The arena clock shall be deemed the official clock for the purpose of determining the end of the allocated ice time.

G.07 Teams are to be ready to enter the ice surface a minimum of 10 minutes prior to the scheduled game time.

G.08. In the event the game does not begin at its scheduled time for any reason, adjustments shall be made to the playing time to ensure the game ends at its scheduled time.

G.09 Time-outs are not allowed in any HRI regular season or playoff games for all Initiation, Novice and Atom Divisions. In all the Pee Wee, Bantam, Midget and Junior C divisions each team will be allotted one (1) thirty second timeout per game.

G.10 GAME CANCELLATIONS WILL NOT BE TOLERATED. Upon the approval of the Division Director, a team may make game changes only within the team's own age division. All parties involved must complete the game change form.

G.11 If a team does not follow the game change procedure or chooses to participate in other events, rather than scheduled league games, the Division Director in coordination with the Director of Officials/Suspensions, shall suspend the coach(s) for a minimum of two games. Reoccurring suspensions will result in the coach(s) being suspended for the remainder of the season. The team will be responsible for all costs normally incurred for that game (ice rental,

referees, timekeepers, etc.). HRI league and playoff games takes precedence over all tournament and exhibition games.

G.12 If all the game officials do not show up for or are late for more than 15 minutes from the specified game start, the game is to be replayed. The team coaches are responsible for advising the Division Director. The ice session is then to be used as a practice.

G.13 Stormy Weather Conditions: In the case of stormy weather conditions that may prevent teams traveling on highways for league games the following process is to be used: Safety of the players is the primary concern however teams should make every effort to play scheduled league games where possible.

- Contact the Environment Canada Weather Line 780-5744 to determine if weather warnings are in effect.
- If weather warnings are in effect the team officials are to make a decision if the game is to be cancelled.
- If a game is to be cancelled the team officials are to contact the appropriate Division Director to advise of the team's decision not to travel and game cancellation is required. The canceling team officials are to contact the other team's coach to advise of the game cancellation. If the Division Director and/or other team's coach cannot be contacted then phone the Hockey Regina Office. The Hockey Regina Office will provide assistance in regards to referee and timekeeper cancellation.
- If the game cancelled is on Regina home ice the Division Director will advise the Referee and Timekeeping Assignor of the cancellation.
- If the game cancelled is on Regina home ice the Division Director will contact the Hockey Regina Director of Scheduling to make rescheduling arrangements and advise the teams when the game is to be replayed. A game change form is to be completed and issued to the teams.
- If the game is on outside of Regina ice it is the responsibility of the Associate Member coach to make cancellation arrangements with the referees/timekeepers.
- If the game is on outside of Regina ice the two-team coaches are to agree on a rescheduled game, complete a game change form and obtain approval from the Division Director.
- If the game cannot be rescheduled in a reasonable time frame the Division Director will allocate points to both teams based on a 0-0 tie.

G.14 Game Results Reporting: It is the responsibility of the home team to report the game score on HRI website

G.15 HRI follows Hockey Canada/SHA Regulations regarding age divisions implementing body checking except in the Atom Rec Division where body checking is not permitted. Body checking is permitted in the Atom Tiered Division.

G.16 Mouth guards must be worn properly by all players, excluding goaltenders, in all divisions. Failure to do so will result in the players being assessed a minor penalty. Such player will not be allowed to participate in the game until a mouth guard is obtained.

G. 17 Mercy rule; During any regular season game if a team is ahead by 5 goals or more in the last 3 minutes of the 3rd period, the game clock shall run continuously.

H. TOURNAMENTS AND PLAYOFFS

H.01 Each HRI member team must obtain approval from its Division Director prior to entering any tournament. Approval will be given only for sanctioned tournaments. Failure to obtain approval will result in disciplinary action. Note that “Exhibition Series” that have more than two teams participating are considered a tournament.

H.02 All teams shall make the playoffs, unless otherwise stated.

H.03 Teams must be available for all scheduled playoff games. Teams forfeiting playoff games will be subject to disqualification from the remainder of the playoffs.

H.04 Tie Breaking Procedure is as follows:

As per SHA Regulation 3.09.01 the following criteria shall be used to determine team standings in the event of a tie at the conclusion of the regular season:

- a) Best win record in games played between tied teams
- b) If still tied, best win record
- c) If still tied, best plus minus record based on goals for and against in games between the tied teams
- d) If still tied the team with the best goal average would qualify.
 - i. The goal average of a team is determined by dividing the total number of goals for by the total number of goals for and against. The goal ratio will be for games between the tied teams only Example: Total goals for = 10, total goals against = 4, percentage = $10/14 = .714$.
 - ii. If still tied the goal average as described above shall apply including the results of all games played in the regular season or round robin play. A maximum of 7-goal difference per game will be used in the calculation of the game ratio. This will be calculated from the actual “goals for” of the losing team in the particular game.
- e) If still tied, the team to qualify would be the team, which scored the earliest goal in the game(s) between the tied teams.
- f) If still tied, the team to qualify would be the team that received the least minutes in penalties.
- g) If still tied after all previous methods have been applied, the winner will be decided by a single toss of a coin.
- h) In all games that are forfeited by one team the score will be declared a 5-0 victory for the non-forfeiting team.

Note: In the event that more than two teams are tied, once the tie-breaking rules have been used to advance one team, the procedure to break the remaining tie(s) will be to revert back to the beginning criteria.

Note: Criteria steps a) and c) cannot be used unless all tied teams involved have played an equal amount of games against each other. If a certain step fails to advance one of the tied teams all teams involved move to the next criteria step.

H.05 Overtime procedure, where applicable, will be as follows: Teams will play sudden death, stop time in a three on three format with goalies in. In the event of a penalty the penalized team will have their player in the penalty box and the opposing team will be allowed a fourth player (ie - four on three). The penalized player will rejoin the play at the end of the penalty and play will continue until a stoppage in play. The teams will then revert back to a three on three format. In the event of a 2nd penalty during the 1st one the unpenalized team will go to five on three. Penalties from regulation time will overlap into the overtime period. Note that the overtime periods will be 20 minutes in length.

H.06 The playoff format in each division will be as follows:
Novice, Atom & Pee Wee – double knockout format
Bantam, Midget & JRC – best of three series

For all playoff games that are tied at the end of regulation, the overtime procedure will be as per H.05

H.07 Format To Determine the HRI Representative for SHA Provincial Playoffs

- For Pee Wee Tier 1 the top three teams will be eligible for the HRI provincial playoff round. For Pee Wee, Bantam and Midget Tier 2 and Tier 3 the top three Regina teams will be eligible for the HRI provincial playoff round to determine the HRI representative: The top three teams based on league standings for all league games played up to and including January 24th of the current playing season. If a qualifying team cannot participate in assigned SHA Provincial Playoff Rep game(s) the next highest placed team will be selected. The top three teams are determined by the best point percentage. The best point percentage is determined by dividing the total team points by the number of league games played. To determine team standings in the event of a point percentage tie refer to the procedure in H.04.
Example Team 1: (25 Points in 15 Games) $BP\% = P/GP = 25/15 = 1.67$
Example Team 2: (23 Points in 15 Games) $BP\% = P/GP = 23/15 = 1.53$
Example Team 3: (25 Points in 17 Games) $BP\% = P/GP = 25/17 = 1.47$
Example Team 4: (23 Points in 16 Games) $BP\% = P/GP = 23/16 = 1.43$

a) 2nd vs 3rd Place Game:

The 2nd & 3rd place teams will play one game, the winner of which will play the 1st place team in a two game total point series to determine who will go to SHA Provincial Playoffs. The game time length will be the same as regular league games. HRI will provide the ice, officials and timekeepers. The 2nd place Team is the home team. No games will end in a tie. Overtime as per H.05.

b) Winner 2nd/3rd Place Game vs 1st Place Series:

The series will be a two-game-total goal series. The winner 2nd/3rd place game is the home team in the first game and the 1st place team is the home team in the second game. In the

event of a tie in total points following the 2nd game of the 2 game series overtime, as per H.05, will be used to determine the series winner.

I. LEAGUE AND PLAYOFF GAME PROTEST PROCEDURE

I.01 All protests and evidence in support there of must be submitted in writing to the HRI office within 24 hours of game completion and must be accompanied by a \$100.00 deposit which shall be refunded if the protest is upheld. The protest must contain a clear and concise summary of grounds of protest with particular reference to the rule(s) that have been violated. Both teams involved shall submit information for clarification.

I.02 Protests on a point of rules only as set out by HRI and Hockey Canada/SHA will be entertained. A protest shall not be accepted for consideration over a referee's discretionary decision, such as scoring goals, offsides, etc.

I.03 The HRI office will forward the notice of protest to the HRI Division Director who will designate a committee to investigate and decide on the protest. HRI will act on the protest within 96 hours of receiving the protest.

I.04 All Hockey Regina Inc. protest decisions are binding and final.

J. PENALTIES AND SUSPENSIONS

J.01 Coaches are responsible for knowing and following the HRI Code of Discipline, the SHA and Hockey Canada suspension regulations. All penalties assessed in league, tournament and exhibition games where suspensions are involved must be dealt with immediately and must be reported to the Division Director and the Director of Suspensions and Officials by the coach within 48 hours of the infraction or before their next scheduled league game which ever is earlier. Exhibition games and tournaments require prior approval of the Division Director. Copies of game sheets for tournament and exhibition games are to be submitted to the Division Director within 48 hours of the exhibition game or tournament completion. Coaches failing to notify and submit the game sheets are subject to suspension. Minimum suspensions as per HRI Code of Discipline are to be applied immediately. The Director of Officials/Suspensions may apply additional suspensions, depending on the severity of the penalty.

J.02 An ejected player, coach, team official, parent/guardian or spectator shall remove themselves from the area of the playing surface and spectator area immediately, or a suspension could result. In a situation where a player, coach, team official, parent/guardian or spectator has been instructed by a referee to leave the ice surface area of an arena and declines to do so, the referee can impose delay of game penalties and forfeiture against the team associated with such person until such person has left the area of the playing surface or the arena as directed by the referee.

J.03 Players, coaches or team officials under suspension (other than the originating game) are only allowed within the spectator area of the arena while their team is playing. They are not allowed in the dressing room or bench area.

J.04 Coaches must list the suspended players on the game sheet and indicate which game of the suspension is being served. (Example: 1 of 2, 2 of 3, etc.)

J.05 Players or coaches receiving abnormal amounts of minor or major penalties will be referred to the Division Directors and may receive additional suspensions.

J.06 Failure to sit out a suspended player will result in forfeiture of the game. SHA Regulations provide for suspension of any coach who allows a suspended player to play in a game.

J.07 A player who demonstrates continued lack of good sportsmanship; disrespect or disregard for officials, opponents, or these rules or makes a mockery of the game shall be subject to suspension(s) as determined by the Division Director in coordination with the Director of Officials/Suspensions.

J.08 All suspensions that are in excess of the minimum shall be reported to the Board of Directors by the Division Director at the next regular Board meeting.

J.09 Minor penalties will be three (3) minutes in length during running time and two (2) minutes in length during stop time. Major penalties will be seven (7) minutes in length during running time and five (5) minutes in length during stop time. In the event that the penalty overlaps from running time into stop time, the remaining time when stop time begins shall be two-thirds of the time remaining in the penalty.

J.10 Any player assessed five (5) penalties in a game, shall be required to leave the ice area for the remainder of that game (game ejection). The offending player shall go immediately to the dressing room and under no circumstances can the player return to the playing surface and spectator area before the end of the game. A substitute player (or players) who was on the ice at the time of the infraction will be placed in the penalty bench immediately to serve the penalty.

J.11 A ten minute misconduct will be assessed to any player shooting the puck into the time-keeper's box during the warm-up when the time-keeper is in there. The timekeeper (an off-ice official) will relay the penalty to the referee who will assess it at the start of the game.

K. APPEALS

K.01 The right of appeal shall pertain only to players, coaches, managers, team officials, game officials, parents and/or legal guardians who have been suspended for infractions covered by the Bylaws and Regulations of HRI.

K.02 An appeal must be presented in writing to the HRI office within two business days of notice of discipline. A \$100.00 deposit must accompany such an appeal, which is refundable, if the Appeal Committee overturns the discipline. HRI will act on the appeal within ten business days of receipt. All suspensions shall remain in effect until the decision of the Appeal Committee is rendered.

K.03 Directors who participated in the original decision being appealed shall not sit on the Appeal Committee.

K.04 The Appeal Committee shall hear and/or consider any oral evidence or written submissions from anyone who is a party to the matter under appeal, including the Director who made the suspension.

K.05 The player or member affected must be given the opportunity to be present throughout the appeal and shall be permitted to ask questions within reason of all people who give evidence.

K.06 The player or member affected may be accompanied by an advisor or parent if he/she so wishes.

K.07 The Appeal Committee decision shall be final and binding for all parties concerned subject to any right of further appeal in accordance with SHA Regulations. The final decision shall be in writing, with copies provided to the person(s) making the appeal and to the Board of Directors of Hockey Regina Inc.

K.08 Any further appeal of the decision of the Appeal Committee shall be made to the SHA in accordance with the SHA appeal procedure.

L. FUND-RAISING POLICY

L.01 Teams will be expected to participate in Hockey Regina fund-raising projects.

L.02. A parent/player shall not fund-raise in excess of the actual per player maximums set out by HRI. Hockey Regina Inc. has adopted a policy that parents/players cannot individually profit from the team fund-raising activities. Each individual parent/player account is to be treated as a not for profit situation. A player/parent shall not get back at season end more than they contributed in actual dollars (if a person has fund-raised \$810.00 and contributed \$100 in cash for a total of \$910 with actual spending of \$600, then they can only receive \$100 at year end). If some of the fund-raising was obtained through bingos, that amount can be returned to Hockey Regina Inc. for equivalent bingo vouchers which can be used for next season's registration fees. In the above instance, if the bingo amount obtained was \$210, a cheque for \$210 could be returned to Hockey Regina Inc. for exchange of bingo vouchers in the amount to \$210. The team is to decide how they disperse any remaining funds (spend on team functions, return of funds to HRI, adopt a player for the following season, etc). Financial statements, showing in/out personal expenses must be provided.

L.03 Teams are prohibited from approaching or soliciting funds from team and corporate sponsors. These sponsors already contribute to the League, and teams are not to contact these sponsors for any additional sponsorship.

L.04 All fund raising activities are to be included in the team's financial reports which are provided to the Division Director at the end of the year, or when requested.

